

67TH ANNUAL GEORGIA GERONTOLOGY SOCIETY  
CONFERENCE

*The Power of Our Stories:*

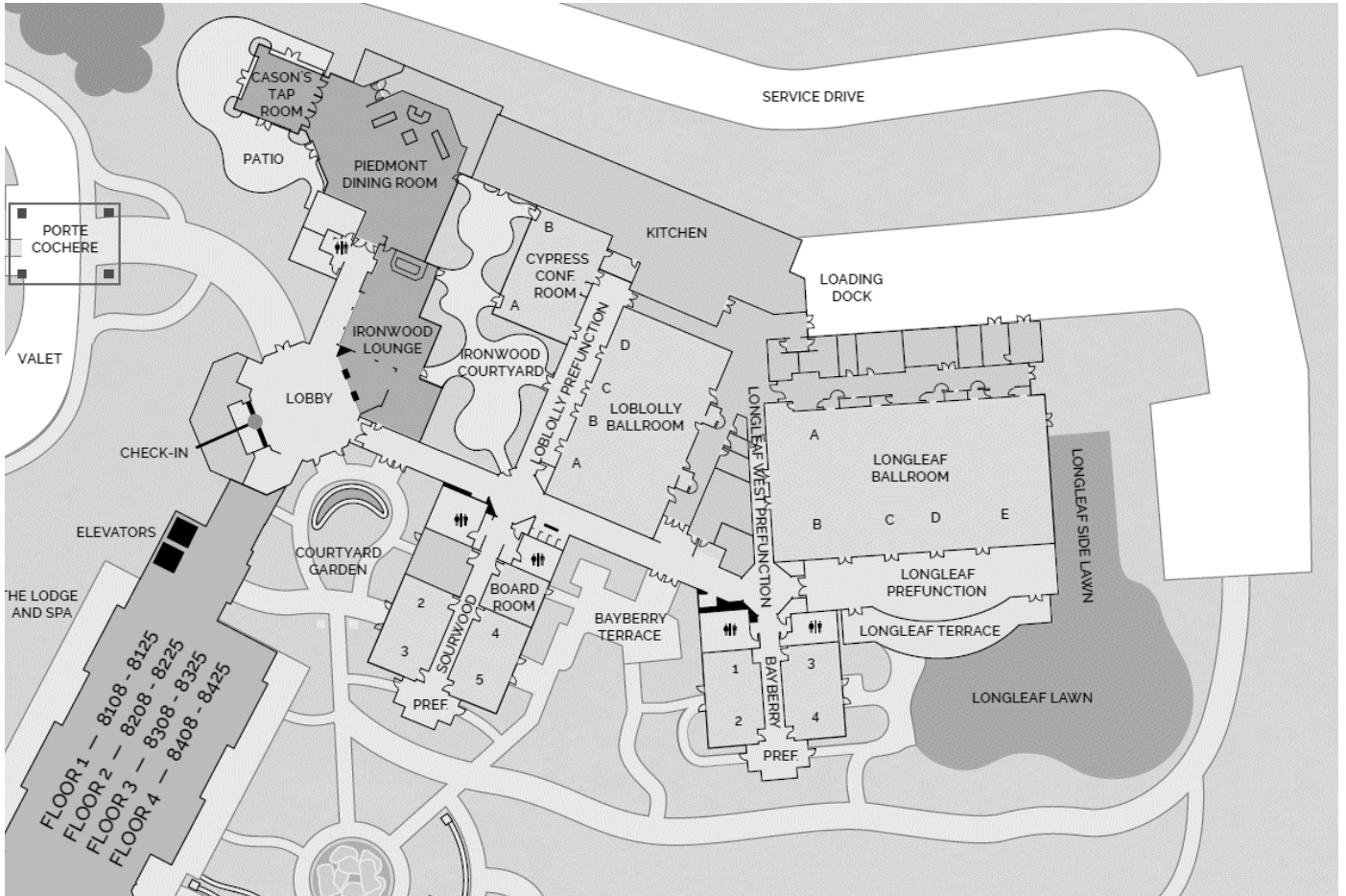
**USING EXPERIENCE  
AS A CATALYST  
FOR GROWTH**

AUGUST 8-10, 2022

CALLAWAY GARDENS RESORT & SPA



# CALLAWAY GARDENS CONFERENCE CENTER MAP



# 2022 GGS ANNUAL CONFERENCE

## AGENDA AT A GLANCE

### Monday, August 8th

Time	Location	Title
11:00 AM – 6:00 PM	Longleaf A/B	Registration Desk Open
1:00 PM – 2:30 PM	Longleaf C/D/E	Opening Session - In Storying, First Do No Harm
2:30 PM – 3:00 PM	Longleaf Prefunction	Visit with Exhibitors
3:00 PM – 4:00 PM	CONCURRENT SESSION A	
	Longleaf C/D/E	Identifying Race-Based Inequalities in Long Term Services and Supports and How the Consumer Experience Can Help Identify Solutions
	Loblolly A	Hybrid Programming is Here to Stay
	Loblolly B/C	How to Navigate Caregiving without GPS - Lessons Learned from Compassionate Caregivers
	Loblolly D	The Power of Pictures: Using Photovoice to Explore Follow-Up Fall Prevention with Older Adults
4:10 PM – 5:10 PM	CONCURRENT SESSION B	
	Longleaf C/D/E	Storytelling for Advocacy to Inspire Collective Action
	Loblolly A	Investigation of Abuse (HFRD)
	Loblolly B/C	All About DREAMS
	Loblolly D	Interventions Targeting Social Isolation
6:00 PM – 8:00 PM	Longleaf Prefunction/ Longleaf Terrace	President's Reception/Poster Sessions

### Tuesday, August 9th

Time	Location	Title
7:00 AM – 12:30 PM/ 2:30 PM – 5:30 PM	Longleaf A/B	Registration Desk & Silent Auction Open
7:30 AM – 9:00 AM	Longleaf C/D/E	General Session/Continental Breakfast - Creating a Lasting Legacy

# 2022 GGS ANNUAL CONFERENCE

## AGENDA AT A GLANCE

### Tuesday, August 9<sup>th</sup> Cont.

Time	Location	Title
9:10 AM - 10:10 AM	CONCURRENT SESSION C	
	Longleaf C/D/E	The Changing Nature of Congregate Meal Programs and Senior Services
	Loblolly A	Put Some Teeth into Telehealth
	Loblolly B/C	Harnessing Over 10 Years of Learning to Power Community Transitions through COVID and Beyond
	Loblolly D	Exploring the Need for Short-term Respite for Alzheimer's/Dementia Caregivers
10:20 AM - 11:20 AM	CONCURRENT SESSION D	
	Longleaf C/D/E	The Elders of Athens Project - An Intergenerational Service-Learning Experience
	Loblolly A	Be A Superhero for Older Adults: How to Serve the Aging Population with Trust
	Loblolly B/C	How the COVID-19 Pandemic Sparked Consumer Choice in Programming
11:30 AM - 12:30 PM	CONCURRENT SESSION E	
	Longleaf C/D/E	Affirming Life by Discussing Death - Practices and Learnings from Death Cafés
	Loblolly A	Care Partnering & Parkinson's: Managing Hospitalizations, Medications, & Non-Motor Symptoms
	Loblolly B/C	The World of Assistive Technology
	Loblolly D	DIY Adult Guardianship Reform in Georgia
12:30 PM - 2:30 PM	Longleaf C/D/E	Annual Meeting & Awards Luncheon
2:30 PM - 3:00 PM	Longleaf Prefunction	Visit with Exhibitors

# 2022 GGS ANNUAL CONFERENCE

## AGENDA AT A GLANCE

### Tuesday, August 9<sup>th</sup> Cont.

3:00 PM - 4:00 PM	CONCURRENT SESSION F	
	Loblolly A	Advocating To Change the Narrative of Our Aging Story: Now You Got Me Thinking!
	Loblolly B/C	Transnational Families: Perspectives of Older Adults
	Loblolly D	Stories from 50+ Years of the Older Americans Act
4:10 PM - 5:10 PM	CONCURRENT SESSION G	
	Loblolly A	Opening the Door to Fighting Ageism in the Workplace, Organizations, and Other Settings
	Loblolly B/C	Effects of COVID-19 on Existing Issues Experienced by Older Adults Living in Southeast United States
	Loblolly D	Senior Center Without Walls Implementation

### Wednesday, August 9<sup>th</sup>

Time	Location	Title
7:30 AM - 1:00 PM	Longleaf A/B	Registration Desk Open
7:30 AM - 10:00 AM	Longleaf A/B	Silent Auction Open
7:30 AM - 8:30 AM	Longleaf Prefunction	Continental Breakfast
8:30 AM - 9:30 AM	CONCURRENT SESSION H	
	Longleaf C/D/E	Empowering Care Partners: The Importance of Strength-Based Dementia Support
	Loblolly A	Caregiving: The Legal Concerns
	Loblolly B/C	Smile, You're on Candid Camera
9:30 AM - 10:00 AM	Hotel Check Out Break	
10:00 AM - 12:00 PM	Longleaf C/D/E	Closing Session Brunch - Know Our Stories: Amplifying the Voices of People Living with Dementia and Care Partners

# 2022 GGS ANNUAL CONFERENCE

## DETAILED AGENDA

### MONDAY, AUGUST 8<sup>TH</sup>

#### OPENING SESSION

1:00 PM - 2:30 PM

Longleaf C/D/E

##### **In Storying, First Do No Harm**

Anne Basting, Ph.D., *University of Wisconsin-Milwaukee*

TRACK | THE CAREGIVING JOURNEY

Stories have the power to direct energy toward social change. But the conditions and methods in which they are gathered, shaped, cared for, disseminated, and archived are crucial to consider if story facilitators aim to do no harm. Based on her 30 years as a story facilitator and guardian, Basting shares stories of story projects gone right and gone wrong in order to guide better storying practices. Just as guardianship for elders can be abused, so can guardianship of stories. What are our responsibilities as facilitators of stories?

#### EXHIBITOR BREAK

2:30 PM - 3:00 PM

Longleaf Prefunction

We are pleased to have a diverse group of exhibitors joining us. Please take time to visit with them and learn more about their programs and products and how they can help you and your clients.

#### CONCURRENT SESSION A

3:00 PM - 4:00 PM

##### **Identifying Race-Based Inequalities in Long Term Services and Supports and How the Consumer Experience Can Help Identify Solutions - Longleaf C/D/E**

Alice Bennett, Esq., *AARP Georgia*

Melinda Karp, MBA, *The Center to Advance Community Partnership (CACP)*

TRACK | DEI & AGEISM

The prevalence of race-based health inequities has been well-documented for many decades, and the events over the past year in the US have only added to this body of evidence.

##### **Hybrid Programming is Here to Stay - Loblolly A**

Courtney Fleming, MSW & Ruthie Brew, *Forsyth County Senior Services*

TRACK | INNOVATION DURING COVID-19

The development of virtual programming during the pandemic, and then hybrid programming (ability to join in-person or online) when senior centers reopened, required extensive creative strategizing. Learn about the success of at-home connection programs and how they are a quantum leap in service delivery for older adults.

##### **How to Navigate Caregiving without GPS - Lessons Learned from Compassionate Caregivers - Loblolly B/C**

Norma Green, Ph.D., *Georgia State University*

Pat Wilson, Ph.D.

Carol Monner Price, MLS

Mary Currie, NP

TRACK | THE CAREGIVING JOURNEY

Each presenter will provide lessons learned from their experiences with caregiving for aging family members in their homes or in facilities for long-term care. Their stories will relate to the medical, financial/legal, social/emotional wellbeing, care coordination, and caregiver wellness challenges they experienced when caring for their loved ones. Each presenter will highlight key scenarios that resulted in improved care or comfort for their loved ones.

### **The Power of Pictures: Using Photovoice to Explore Follow-Up Fall Prevention with Older Adults - Loblolly D**

Kay Graham, PhD, OTR/L, *Brenau University*

TRACK | ADVOCACY & STORIES

Participants will learn about photovoice as an interesting and accessible community-based participatory research methodology that can be used to help shed light on issues as well as to develop next steps to address issues using participant perspectives and experiences.

## **CONCURRENT SESSION B**

### **4:10 PM - 5:10 PM**

### **Storytelling for Advocacy to Inspire Collective Action - Longleaf C/D/E**

Nancy Pitra, *Alzheimer's Association, Georgia Chapter*

Debra Stokes, *Georgia Council on Aging*

TRACK | ADVOCACY & STORIES

Three non-profit organizations with a presence in Georgia and a focus on improving the lives of older adults (Georgia Council on Aging, Alzheimer's Association, and AARP Georgia) will share how personal stories inspire empathy and give meaning to legislative and budgetary action. Hear campaign examples from these advocates and learn best practices for telling your organizations' or constituents' story.

### **Investigation of Abuse (HFRD) -**

#### **Loblolly A**

Cathy Davis, *Georgia Department of Community Health, Healthcare Facility Regulation Division*

TRACK | THE CAREGIVING JOURNEY

Participants will learn about the types of abuse as defined by The Code of Federal Regulations. The presentation will include information regarding policies & procedures long-term care facilities must develop and implement to ensure compliance, protection, and overall well-being of its residents.

### **All About DREAMS - Loblolly B/C**

Shauna Horvath & Jhazzmyn Joiner, *Second Wind Dreams*

TRACK | ADVOCACY & STORIES

The fulfillment of DREAMS for elders is more than a feel-good activity. It is a means of learning about the person, assessing and engaging the individual. We will share stories of dreams fulfilled and how it impacts the dreamer as well as the community around them.

### **Interventions Targeting Social Isolation - Loblolly D**

Maureen Kelly, *Thanks Mom & Dad Fund*

TRACK | INNOVATION DURING COVID-19

A CVS Health grant made it possible for Thanks Mom & Dad Fund to test interventions to reduce social isolation and loneliness in nine (9) locations across the state. Attendees will hear about the interventions, their implementation, challenges, and wins. The workshop will also dig a little deeper with outside experts to learn about the risks of social isolation and other strategies to attack this ongoing problem for older adults.

**PRESIDENT'S RECEPTION /  
POSTER SESSION**

**6:00 PM – 8:00 PM**

**Longleaf Prefunction / Longleaf  
Terrace**

Engage with our dynamic Student Posters and Exhibitors. Network with your fellow attendees and make new connections. Enjoy refreshments and entertainment. See you there!

**TUESDAY, AUGUST 9<sup>TH</sup>**

**GENERAL SESSION/  
CONTINENTAL BREAKFAST**

**7:30 AM – 9:00 AM**

**Longleaf C/D/E**

**Creating a Lasting Legacy**

Swanee Ballman, *Retired Publisher, Jawbone Publishing*

Often family biographies go untold to the grave. How often do we wish that we knew more about the lives of our deceased loved ones? In this workshop, participants will receive guidelines to jumpstart a legacy about family members or senior clients.

**CONCURRENT SESSION C**

**9:10 AM – 10:10 AM**

**The Changing Nature of Congregate Meal Programs and Senior Services –  
Longleaf C/D/E**

Ruthie Brew & Courtney Fleming, *MSW, Forsyth County Senior Services*

TRACK | OAA TURNS 50+

The Congregate meal program and senior center of decades ago have been replaced by updated models. These models reflect the increasing

diversity of older adults, including 4 generations with varying interests and needs. What was once a focus on nutrition has shifted to a focus on wellness and socialization.

**Put Some Teeth into Telehealth –  
Loblolly A**

Pam Cushenan, *RDH, MS, FSCDH, Soft Smiles, LLC*

TRACK | ADVOCACY & STORIES

Pam Cushenan is a geriatric oral care specialist, professional educator, and active advocate with a passion for finding solutions to better serve vulnerable populations. This session interweaves healthcare awareness, methods to increase equity, and available advocacy options. Learn more about how to put some teeth into Telehealth.

**Harnessing Over 10 Years of Learning to Power Community Transitions through COVID and Beyond – Loblolly B/C**

Audrey Price, *MPH, Alice Prendergast, MPH, & Kristi Fuller, MSW, Georgia State University, Georgia Health Policy Center*

TRACK | INNOVATION DURING COVID-19

Thousands of Georgia's older adults and people with disabilities have transitioned from institutions to homes and communities through the Money Follows the Person (MFP) program. This presentation will share learnings gathered throughout MFP's implementation, and highlight adaptations, innovations, and potential opportunities for the future spurred by the COVID-19 pandemic.

**Exploring the Need for Short-term Respite for Alzheimer's/Dementia Caregivers –  
Loblolly D**

Beatrice E. Olden, *MSN, RN, Charlie Norwood VA Medical Center*

Lamesha C. Farmer, *MSN, AGPCNP-BC, RN, Haven Medical Home*



## TRACK | THE CAREGIVING JOURNEY

This presentation will discuss the physical and mental stressors associated with caring for individuals diagnosed with Alzheimer's Disease/dementia and how caring for these individuals can adversely affect the overall well-being of the caregiver. Included in the discussions will be creative options for caregivers to explore when seeking short-term respite to promote their mental/physical health and well-being.

### CONCURRENT SESSION D 10:20 AM - 11:20 AM

#### **The Elders of Athens Project - An Intergenerational Service-Learning Experience - Longleaf C/D/E**

Sarah Saint Hamilton, PhD, MSW, *Institute of Gerontology, University of Georgia*

## TRACK | DEI & AGEISM

Reflecting back on one's life has been shown to be beneficial to psychological wellbeing as we age. Students participating in the "Elders of Athens" service-learning project create biographical books that capture the life stories of older adults in Athens, GA, and in the process gain a more nuanced understanding of aging.

#### **Be A Superhero for Older Adults: How to Serve the Aging Population with Trust - Loblolly A**

Tara Ballman, *National Aging in Place Council*

## TRACK | THE CAREGIVING JOURNEY

Do you wish you could help everyone that asks for help? In this educational talk, Tara Ballman shares how to create an aging-in-place community that will help address all older adults' needs. You will walk away with a fresh perspective on how you can serve and become a superhero.

#### **How the COVID-19 Pandemic Sparked Consumer Choice in Programming - Loblolly B/C**

Cara Pellino & Connie White, *Atlanta Regional Commission*

## TRACK | INNOVATION DURING COVID-19

Like regions all over the state of Georgia, the COVID-19 pandemic shook aging and disability services. Suddenly, the world as we knew it stopped and fear of the unknown made its presence in the form of disrupted service delivery.

### CONCURRENT SESSION E 11:30 AM - 12:30 PM

#### **Affirming Life by Discussing Death - Practices and Learnings from Death Cafés - Longleaf C/D/E**

Danielle Amarant & Kerstin Gerst Emerson, PhD, *Institute of Gerontology, University of Georgia*

## TRACK | DEI & AGEISM

The Death Café is designed to create informal, yet intentional spaces for people to gather as peers and explore death. This presentation will cover the importance of the Death Café and discuss the logistics of hosting your own death café for community members, practitioners and/or students.

#### **Care Partnering & Parkinson's: Managing Hospitalizations, Medications, & Non- Motor Symptoms - Loblolly A**

Victoria Helmly, MSW, *Parkinson's Foundation, Georgia Chapter/Georgia State University*

Haejin Ban, LMSW, ACHE, MA, *Parkinson's Foundation/Care Lift*

## TRACK | THE CAREGIVING JOURNEY

This presentation will cover the basics of Parkinson's Disease, including non-motor symptoms. Presenters will connect data with personal experience. There will be a focus on the

importance of medication in caring for someone with PD, including during hospitalizations. The presentation will conclude with the resources that the Parkinson's Foundation offers.

### **The World of Assistive Technology - Loblolly B/C**

Rachel Wilson, & Sal Kibler, *Tools for Life*

TRACK | OAA TURNS 50+

Join Tools for Life as they take you through live action demonstrations of assistive technologies that solve common challenges for older adults. Enjoy a fashion show of wearables, vision, and hearing aids; learn new recipes in cooking demonstrations featuring food prep and eating solutions; peek in on a bubble bath party with the latest in bath, toileting, and hygiene assistive technologies. The solutions will run the gambit from highest tech using robots to the easiest make-at-home ideas. Come ready to be inspired about how you can help the older adults that you work with to live fuller, purpose-filled, and independent lives.

### **DIY Adult Guardianship Reform in Georgia - Loblolly D**

Aimee Stowe, JD, *Georgia Elderly Legal Assistance Program*

Eve Byrd, MSN, MPH, *The Carter Center*

Carleton Coleman, *DHS Public Guardianship Office*

TRACK | ADVOCACY & STORIES

In Georgia, adult guardianship law has changed little since 2005. Some states have formal court-stakeholder partnerships, called "WINGS," to reform guardianship policy and practice, but Georgia does not. Nevertheless, advocates have used small-scale partnerships to "DIY" better protection of the rights and dignity of persons with diminished decisional capacity.

### **ANNUAL MEETING & AWARDS LUNCHEON**

**12:30 PM - 2:30 PM**

**Longleaf C/D/E**

Please join us as we celebrate significant achievements in the field of aging through recognition of our Award and Scholarship Recipients. The GGS Annual Meeting and Induction Ceremony will follow.

### **EXHIBITOR BREAK**

**2:30 PM - 3:00 PM**

**Longleaf Prefunction**

We are pleased to have a diverse group of exhibitors joining us. Please take time to visit with them and learn more about their programs and products and how they can help you and your clients.

### **CONCURRENT SESSION F**

**3:00 PM - 4:00 PM**

### **Advocating To Change the Narrative of Our Aging Story: Now You Got Me Thinking! - Loblolly A**

Kim McRae, FCTA & Rose Marie Fagan, *Culture Change Network of Georgia*

TRACK | ADVOCACY & STORIES

This workshop will get participants thinking about the story of aging, how it was exposed during COVID, and their attitudes about their own aging. We will explore opportunities to be a catalyst to change the narrative of aging in their personal life, their community, their organization, and in the state.

### **Transnational families: Perspectives of older adults - Loblolly B/C**

Jyotsna (Josi) Kalavar, PhD, *Georgia Gwinnett College*

TRACK | DEI & AGEISM

Migration challenges culturally engrained support expectations between generations in a transnational family context. The thirty interviews with older adults demonstrated their unique beliefs on filial responsibility, support provision, late-life challenges, coping strategies, and the self-reported use of communication technology. Understanding the complexity of transnational support enables informed decision-making to occur.

### **Stories from 50+ Years of the Older Americans Act - Loblolly D**

Pat Baker, *Georgia Gerontology Society*  
Becky Kurtz, *Atlanta Regional Commission*  
Norm Graves, *Middle Flint Council on Aging*

TRACK | OAA TURNS 50+

This presentation will cover OAA's original objective to maintain the dignity and welfare of older individuals and to create the primary vehicle for organizing, coordinating, and providing community-based services and opportunities for older Americans and their families.

## **CONCURRENT SESSION G**

**4:10 PM - 5:10 PM**

### **Opening the Door to Fighting Ageism in the Workplace, Organizations, and Other Settings - Loblolly A**

Kay Graham, Ph.D., OTR/L, *Brenau University*  
Lois Ricci, EdD, GNP, RN, *Consultant*

TRACK | DEI & AGEISM

Participants will discuss case examples of ageism in the workplace, organizations, and other settings using personal narratives and

identify possible next steps to address ageism in the locations.

### **Effects of COVID-19 on Existing Issues Experienced by Older Adults Living in Southeast United States - Loblolly B/C**

Amanda James, MPA, *Southern Gerontological Society*

Kyle Bower, PhD, *Cardinal Direction*

TRACK | INNOVATION DURING COVID-19

The Southern Gerontological Society conducted its second survey of priorities with respect to aging in the South in 2021. This session will present survey findings with a focus on the effects of COVID-19 which indicate the pandemic both exacerbated existing issues and worked as a catalyst for change.

### **Senior Center Without Walls Implementation - Loblolly D**

Izzie Sadler & Jami Harper, *Sowega Council on Aging*

TRACK | OAA TURNS 50+

Participants will learn how to transition from the traditional senior center model to the Senior Center Without Walls model. They will learn the successes and the challenges that have come with the implementation of this model, including how to provide the same level of programs and services to clients remotely.

## **WEDNESDAY, AUGUST**

**10<sup>TH</sup>**

### **CONTINENTAL BREAKFAST**

**7:30 AM - 8:30 AM**

**Longleaf Prefunction**

## CONCURRENT SESSION H

4:10 PM – 5:10 PM

### **Empowering Care Partners: The Importance of Strength-Based Dementia Support- Longleaf C/D/E**

Rebekah Davis, MBA, & Jill Disney, *Alzheimer's Association, Georgia Chapter*

TRACK | THE CAREGIVING JOURNEY

This presentation will highlight informal family care partner stories, challenges, and successes as care partner dyads demonstrate the uniqueness of the dementia journey in their own voices. We will identify ways to enhance quality of care both in communities and at home through models of joyful, strength-based caregiving methods.

### **Caregiving: The Legal Concerns - Loblolly A**

Kelley Napier, JD, *Georgia Estate & Elder Law, LLC*

TRACK | THE CAREGIVING JOURNEY

Join me in a discussion of my journey as a caregiver for my Navy Veteran Grandmother. From family caregivers to assisted living and beyond. Hear about the legal framework we had to operate within to afford her care.

### **Smile, You're on Candid Camera - Loblolly B/C**

Melanie McNeil, Esq., *Office of the State Long-Term Care Ombudsman*

Nancy Pitra, *Alzheimer's Association, Georgia Chapter*

TRACK | ADVOCACY & STORIES

Relatives of nursing home residents want to know their loved ones are being treated kindly and doing well. There has been growing demand for video monitoring in private resident care areas. Cameras are available almost

everywhere in society today. So why not long-term care facilities?

## CLOSING SESSION BRUNCH

10:00 AM – 12:00 PM

### Longleaf C/D/E

### **Closing Session Brunch - Know Our Stories: Amplifying the Voices of People Living with Dementia and Care Partners**

Jennifer Craft Morgan, PhD, *Gerontology Institute, Georgia State University*

Kim McRae, FCTA, *Have a Good Life*

Sharon and Rod Hall

TRACK | ADVOCACY & STORIES

This closing session will explore ways for each of us to get to know people living with dementia and the care partners, amplify their stories in ways that support advocacy efforts and establish approaches that recognize the value of including these diverse groups in decision-making.