



# **Working Towards Dementia Friendly Communities**

**A Webinar Series Hosted by the Georgia Gerontology Society**



# **What is a Dementia Friendly Community?**

**October 28, 2020**

# Dementia Friendly Communities



Dementia friendly communities foster the ability of people living with dementia to remain in community and engage and thrive in day to day living. A dementia friendly community is one that is informed, safe and respectful of individuals with the disease, their families and caregivers and provides supportive options that foster quality of life.

[www.dfamerica.org](http://www.dfamerica.org)

# Community Toolkit Phases

## 1 2 3 4

1. **Convene** key community leaders and members to understand dementia and its implications for your community. Then, form an Action Team.
2. **Engage** key leaders to assess current strengths and gaps in your community using a comprehensive engagement tool.
3. **Analyze** your community needs and determine the issues stakeholders are motivated to act on; then set community goals.
4. **ACT together** to establish implementation plans for your goals and identify ways to measure progress.

# Phase 1: Convene

## KEY STEPS

- Enlist Champions
- Discuss Readiness Build an Action Team
- Coordinate the Team and Develop Timelines
- Build the Case

## DFA RESOURCES:

- Team Meeting Discussion Guide
- Dementia Friendly Community Overview – PowerPoint
- *Call to Action: Email or Letter Invitation Template*
- *Interest in Dementia Action Team Sign-up Sheet*
- *Meeting Agenda and Minutes template*
- *Budget Template*
- *Grant Request Template*
- *Community Coordinator Job Description*
- *Action Team Workplan Template*
- *Action Team Roster*

# Phase 2: Engage

## KEY STEPS

- Form a sub-team or use Action Team to drive the assessment effort.
- Develop/ revise the Community Assessment tool and process.
- Conduct the community assessment (such as surveys and/or focus groups)

## DFA RESOURCES:

- Sector-based Questionnaires
- Community Resource Flyer Template
- Dementia Friendly America Overview
- Demographics of Dementia in Your Community
- DFA Sector Guides
- Master List of Interview Contacts
- Pre-Interview Email
- Community Call Script
- Interviewee Thank You Letter
- DFA Sector Guides

# Phase 3: Analyze

## KEY STEPS

- Compile and interpret the data
- Identify dementia friendly priorities for your community

## DFA RESOURCES:

- Community Engagement Tool Instructions
- Community Engagement Tool
- Referrals Worksheet
- Key Element Question Matrices
- Using the Matrices Video (ACT on Alzheimer's)
- Engagement Priority Rating Spreadsheet



# Phase 4: Act

## KEY STEPS

- Share the Results and Involve the Community
- Create and Implement a Community Action Plan
- Communicate Progress and Next Steps
- Assess and Adjust

## DFA RESOURCES:

- Community Meeting - Prioritizing Goals Process
- Prioritizing Community Goals Video (ACT on Alzheimer's)
- Workplan Template
- Dementia Friendly Metrics
- Action Plan Options Menu
- Communications Template
- Budget template
- Grant request template
- Examples of Action Plans: ACT on Alzheimer's Community Booklet
- Sample Work Plan

# Sample Community Actions

- Offering training to faith communities
- Collaborating with law enforcement on training, ID bracelet, or file of life initiatives
- Work with local hospitals/ physicians to promote early diagnosis and connection to community resources
- Identifying partners for hosting memory cafes
- Develop a dementia friendly business initiative
- Working with local restaurant(s) for dementia friendly dinners once a month



# Dementia Friendly America



[www.dfamerica.org](http://www.dfamerica.org)

# Division of Aging Services Dementia Resources

Georgia Alzheimer's & Related Dementias (GARD) State  
Plan Publications & Products



Georgia Resources



Dementia Education & Training Resources



Other State Resources



High-Quality Dementia Curricula



CMS Resources



Care Partner Resources



Recommended Reading for Increasing  
Awareness/Knowledge



[aging.georgia.gov/tools-resources/dementia-resources](https://aging.georgia.gov/tools-resources/dementia-resources)

# GGG Dementia Friendly Resources

- Care Dyad Videos
- Webinar Series Videos
- Dementia Friendly Community Grants

[georgiagerontologysociety.org/dementiafriendly](http://georgiagerontologysociety.org/dementiafriendly)