



# 10 YEARS STANDING TOGETHER TO PREVENT FALLS

## FALLS PREVENTION AWARENESS DAY

**Friday, September 22 • 10:00am-3:00pm**  
**Shepherd Center 7th Floor Auditorium**  
**Lunch Provided**



### DEMONSTRATIONS

A Matter of Balance  
Tai Chi  
Ageless Grace  
Music Therapy



### HEALTH CHECKS

Blood pressure  
Blood sugar  
Medication review  
(Bring your list of medications)



### SCREENINGS

Vision  
Hearing  
Bone density\*



### PREVENTION

Flu shots\*  
Falls risk assessments  
and more!  
(You must sign up for flu shot  
when you RSVP.)

**Please RSVP to [Elizabeth.Head@dph.ga.gov](mailto:Elizabeth.Head@dph.ga.gov) or 404-657-2894**  
**Register at [eventbrite.com](https://www.eventbrite.com) - Search for falls prevention**

\*Vendors/screening are subject to change and availability.



Shepherd Center

2020 Peachtree Road, NW Atlanta, Georgia 30309 [shepherd.org](http://shepherd.org)



FUNDING BY

